

CAREGIVER WORKSHOP

HEALTHCARE SUPPORTS & THEIR COST

CATEGORY	SERVICE PROVIDED	COST	FUNDING SOURCE
Personal Assistance Services	Non-medical assistance (bathing, grooming, meal preparation)	\$6,291/mo \$20-40/hr*	Private Pay, Long-Term Care Insurance, VA Aid & Attendance
Respite Care	Activities, socialization, supervision, medication management	\$56-225/day*	Private Pay, Long-Term Care Insurance, VA Aid & Attendance, Hospice
Home Healthcare	Prescribed medical care in your home	no cost/ co-pay to insurance	Medicare Part B/Insurances
Hospice Care	Palliative rather than curative care. Nursing, home health aides, equipment, therapy, counseling	no cost/ co-pay to insurance	Medicare Part A/ Private Insurances/ Medicaid / VA
Assisted Living Memory Care	24-hour specialized dementia care, meals, activities, medication assistance, personal care	\$5,350/mo*	Private Pay/Long-Term Care Insurance/ VA Aid & Attendance
Skilled Nursing	24-hour high-level, specialized nursing care with physician supervision.	\$8,666 - \$9,733/mo*	Private Pay/Long-Term Care Insurance/ Texas Medicaid(possibly)
Inpatient Therapy	Residential care while receiving physical, occupation, or speech therapy	deductible/ co-pay to insurance	Medicare Part A/Insurances
Outpatient Therapy	Physical, occupation, or speech therapy	deductible/ co-pay to insurance	Medicare Part B/Insurances

*National Averages, Genworth's Cost of Care Survey, 2023