

FINISHING WELL: RESIDENTIAL OPTIONS

Terry Jackson
EdenHill Communities



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SOME INTERESTING RESEARCH FINDINGS



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Who is more Physically Active?



Those "Aging in Place"
at Home?

Those Residing in
a Retirement Community?



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Who Experiences More Anxiety?

Those "Aging in Place" at Home?

Those Residing in a Retirement Community?



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**Retirement community residents
reported 23 percent less anxiety
than their non-community-living
counterparts.**



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Who Spends more Time per Year in the Hospital?



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**Retirement community
residents spend up to 12
fewer days on average
in the hospital.**



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Who is Lonelier?



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"While many people *think* they will be happier remaining home, data shows that many of those who choose a retirement community may *actually* be happier and healthier in the long-term."



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THE MORE PREPARED YOU ARE

..THE MORE JOYFUL THE TRANSITION.



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WHAT LIVING OPTIONS ARE AVAILABLE?



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HOW AM I SURE I'M MAKING THE RIGHT CHOICE?



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CAREGIVING DOESN'T END
WHEN YOU OR YOUR
LOVED ONE MOVE...

It just changes.



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