



# HOPE

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## HOSPICE

Hospice and Palliative Care

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# What is Palliative Care?

It Depends...

Simple Definition –  
“Comfort Care”

All hospice care is  
palliative care, not all  
palliative care is  
hospice care

- ▶ Short acute care
- ▶ Chronic pain management
- ▶ With a life limiting condition, but out of the 6-month Hospice Medicare time frame
- ▶ Hospice care

# What is Hospice?

- ▶ Managed Pain, Symptom Control
- ▶ Emotional and spiritual support
- ▶ Expert medical care
- ▶ Individual and family (caregiver) support
- ▶ Training and education
- ▶ Dignity at the end of life
- ▶ After care support



What Hospice is not, or doesn't  
do...

Force you to give  
up Hope!

What Hospice is not, or doesn't do...

- ▶ Require you to accept what is happening to you and your family

# What Hospice is not, or doesn't do...

- ▶ Stop your medications or force you to take them
- ▶ Stop feeding you or make you eat when you don't want to

# What Hospice is not, or doesn't do...

- ▶ Limit where you can go and what you can do
- ▶ Cost you and your family a lot financially

# What Hospice is not, or doesn't do...

- ▶ Take over your medical decisions
- ▶ Speed up your or slow down your death



What Hospice is not, or doesn't  
do...

▶ Only for the last  
few days of life

# What do most of us want at the end of life?

- ▶ Reduced burden on our family
- ▶ To have control over health care decisions
- ▶ To be free of physical distress
- ▶ To reduce prolonged treatments with bad side effects
- ▶ To die at our own home with the people we love
- ▶ To die with dignity

# Goals of Hospice Care

- ▶ Comfort
- ▶ Communication
- ▶ Completion
- ▶ Dignity



# Why Hospice sooner rather than later?

- ▶ Support system – Time to build a relationship and trust with staff and family
- ▶ Time to manage pain and provide symptom control, while bringing sensitivity, compassion and skill to meet each individual's needs
- ▶ Extra support and education
- ▶ 24/7 Availability to avoid hospitalizations and to prevent symptoms from getting worse which often causes them

Ask for Hope!

Questions?